

# Other Areas of (OAL)

- An OAL is something that you participated with in school, that you consider to be an achievement during your three years in the school so far.
- You may have achieved something in another school before you joined Presentation secondary school. (NOT primary school).

- The most important thing to remember is that an OAL is school related. It cannot be something you did outside of school.

# Examples and non-examples of OAL's

## Yes

- Played music at a school event
- Played on a sports team
- You were a student council member

## No

- You play guitar outside school but never at school events
  - You won a medal for your local GAA club
  - You take part in speech and drama outside school
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Now write down some things you think could be included as an 'Other Area of Learning.'

Examples of suitable achievements for inclusion as an OAL;

- Specific awards you have won for sporting or cultural achievements in first, second and third year. (e.g. a prize you received on awards night or some other school based award or participation award)
- Member of School Sporting Team (eg: Camogie, Football, Soccer, Basketball, Athletics, Golf, other)
- Member of other (non-sporting) extra-curricular activity. (eg: Student Council, School Choir, Green Schools, Debating competition, other)
- Taking part in the organisation of a charity fundraising event in the school (eg: Run Against Racism, Cake sale, Shoe box appeal etc)
- Performing in front of classmates/schoolmates at a school event or musical performance.
- Taking part in organising or being involved in a school event (eg: School Mass, Open Night, school information session or presenting to parents).

Now it's time to reflect on the OAL's you achieved throughout Junior Cycle.

You need to have 3 OAL's.

You should write your OAL in the third person, Example:

1. Sarah was a member of the school Camogie team where she represented the school at competition level reaching the semi-finals of the Leinster Cup.
2. Sarah was a member of the Student Council in 2nd Year.
3. She won a class prize in 1st year for her Technology project.

# Now think about the skills you learned while completing these OALs

IMPORTANT: Use the key skills poster on the next slide to help you reflect on the skills you learned.

Notice how the OAL is in black and the SKILL you learned is in red.

- Sarah was a member of the school Camogie team where she represented the school at competition level reaching the semifinals of the Leinster Cup. **This experience helped her develop her ability to work in a team and how to set and achieve personal targets.**
- Sarah was a member of the school's student council. **This helped her understand how meetings are run and how to organise charity fundraisers. Furthermore this developed her problem solving skills and her ability to innovate.**
- Sarah won a class prize in first year for her history project. **This project taught her the skills of research and how to think creatively. It also taught her to bring an idea from concept to realisation.**

## MANAGING MYSELF

- Knowing myself
- Making considered decisions
- Setting and achieving personal goals
- Being able to reflect on my own learning
- Using digital technology to manage myself and my learning

## STAYING WELL

- Being healthy, physical and active
- Being social
- Being safe
- Being spiritual
- Being confident
- Being positive about learning
- Being responsible, safe and ethical in using digital technology

## COMMUNICATING

- Listening and expressing myself
- Using language
- Using numbers and data
- Performing and presenting
- Discussing and debating
- Using digital technology to communicate

## BEING CREATIVE

- Imagining
- Exploring options and alternatives
- Implementing ideas and taking action
- Learning creatively
- Stimulating creativity using digital technology

## WORKING WITH OTHERS

- Developing good relationships and dealing with conflict
- Co-operating
- Respecting difference
- Contributing to making the world a better place
- Learning with others
- Working with others through digital technology

## MANAGING INFORMATION AND THINKING

- Being curious
- Gathering, recording, organising, and evaluating information and data
- Thinking creatively and critically
- Reflecting on and evaluating my learning
- Using digital technology to access, manage and share content

# More examples of how to write up your OAL with a key skill

- Sarah took part in a school drama performance and **learned to work with others, express herself and build her communication skills.**
- Sarah entered the BT Young Scientist and Technology Exhibition and **developed her investigative, research and problem-solving skills.**
- Sarah was a member of the Basketball team where she **committed to team training and competitions and developed her tactical competencies and skills.**
- Sarah worked effectively with others in a group action project to **raise awareness of the homeless crisis and to promote the work of Focus Ireland.**
- Sarah was a member of the Student Council, **where she worked with others and communicated effectively in representing the voice of her class.**